

SENIOR SCAPE: Season's Greetings

By Charles Sequeira

On behalf of our Board of Directors and Committees at the Aurora Seniors' Centre, we take this opportunity to wish all our members and their families a very safe, happy, healthy holiday season and the very best in the New Year.

Thank you for all your support in our activities and events at the Centre.

We thank all our volunteers for their continued hard work, dedication and commitment. We also thank our Seniors' Centre staff: Karie, Andrew, Bill, John and the part time staff for their cooperation and support to our membership.

Friday Night Dances

In January, our popular dances will be on January 9 and January 23 from 8 p.m. to 11 p.m. Line dance practice is from 7.30 ? 8 p.m. Singles and non-members are always welcome. Cash Bar available.

Holiday Hours at our Seniors Centre

December 24: 9 a.m. to 12 noon

December 25 ? 28: Closed

December 29 ? 9 a.m. to 5 p.m., with special activities planned

December 30 ? 9 a.m. to 9 p.m.

December 31 ? 9 a.m. to 12 noon

Normal activities resume January 2.

The CHATS ?Walk for Wellness?

We at the Seniors Centre have been invited to participate in this program. Registration opens January 1, 2015. This year there is a registration fee of \$25 per participant which will cover the cost of a pedometer and a t-shirt each walker will receive. To register and for more details please visit their website at www.walkforwellness.ca. Who are you walking for? This year's walkers to identify a senior in their life who they are walking for.

For more information on the Aurora eniors' Centre and all it has to offer, drop by 90 John West Way, visit the web site www.auroraseniors.ca, email auroraseniors@rogers.com or call 905-726-4767 between 9 a.m. and 4 p.m. Monday to Friday.