

SENIOR SCAPE: Marching into Spring

By Charles Sequeira

The Aurora Seniors' Centre will host our annual Spring Sale on April 26 from 9 a.m. to 2 p.m. at the Aurora Seniors' Centre. Please join us, there is something for everyone: White elephant room, guge book sale, BBQ, vendors with many treasures, crafts, and much more! Items for the white elephant room can be dropped off between April 21 and 25 from 9 a.m. to 4 p.m. at the Centre.

CHATS' Virtual ?Walk for Wellness? program

Our Seniors Centre had two teams that participated in this program from February 1 ? 7. Each participant was asked to walk at least 50,000 steps during this week. Our seniors had two teams: the Aurora Seniors Walkers and Aurora Seniors Board Bunch.

All funds raised will go to CHATS to support seniors' programs and services in our communities. We thank all our Supporters for their donations during this campaign.

Funds raised by the two ASA teams, \$1, 500, go directly to CHATS' services for seniors.

2014 Community Recognition and Citizen of the Year Awards

Nominations are now open for the 2014 CRAs and Citizen of the Year awards (they are being combined into one program this year). Do you know a person or organization that is making Aurora a better place to live because of their volunteer efforts? Make sure they get the recognition they deserve by nominating them for a community recognition award.

From now until March 13, we will be promoting nominations through as many channels as possible. For further details please refer to the poster on our bulletin board or our LED display in the seniors centre reception lobby or go to www.aurora.ca/2014 awards.

The 5th Annual Choral Extravaganza?

?was held at the Richmond Hill Centre for the Performing Arts on January 26. Our Evergreen Choir was fortunate to share the stage with eight other choirs. This mass choir of approximately 250 singers was comprised of a school choir, a French choir, two male choirs, seniors, church, and community choirs, and one we had the privilege of meeting for the first time, the Sri Lanka-Toronto Choir.

Each Choir performed a selection of songs and then the finale was the mass choir performing three pieces. It was an excellent show from start to finish and was thoroughly enjoyed by both the participants and the audience. It takes a lot of hard work on everyone's part to pull off a successful concert such as this. Congratulations to our Evergreen Choir for their excellent performance, and for representing Aurora and the Seniors Association so well.

2014 Community Service Grant Program

On behalf of the Suncor Energy Foundation and Jim Abram(Company retiree & ASA member), ASA is very pleased and thankful to be awarded with a Volunteering Grant for \$750 in support of Jim's volunteer work with Aurora Seniors' Association.

Suncor is proud to support Jim and the organization he serves in our community. This program recognizes volunteerism as an integral part of strengthening communities and allows us to show our support for those of you who take the time to get involved and help out where there is a need.

For more information on the Aurora Seniors' Centre and all it has to offer, drop by 90 John West Way, visit the web site www.auroraseniors.ca, click on the March newsletter or email auroraseniors@rogers.com or call 905-726-4767 between 9 a.m. and 4 p.m. Monday to Friday.