

## SENIOR SCAPE: June in Review

**By Charles Sequeira**

The month of June has been a very busy month, with our AGM, commencing of the BBQ season, many of our Seniors competing and participating in various activities, construction of two Bocce Courts, installing new flooring in the West/McKenzie Hall.

Your Seniors Centre  
is really buzzing!

Our thanks to Mayor Geoffrey Dawe for being our guest-chef on the BBQ on Wednesday, June 12 and all the volunteers who assisted.

Congratulations as well to all the ASA medal winners at the York Region 55+ Summer Games 2013 held this spring at various locations in York Region:

Pickle Ball:

Men's 55+ John Seaman (Gold) , Kanji Patel (Silver)

Mixed 55+ Mino Nejad & Nick Cary (Gold), Myrna Rawlins (Bronze)

Men's 65+ James Alberga & Terry Paul (Gold)

Ladies' 65+ Bea Ego & Evelyn Foster (Gold), Aghdas Akhavan (Silver), Annette Gagne & Margaret Rochon (Bronze)

Mixed 65+ Pat Fox & John Layton (Gold), Joyce Bannon (Bronze)

Contract Bridge:

Audrey Robertson & Lucille Sequeira (Bronze)

Bid Euchre:

Ron Coe (Silver)

Our thanks to all the members that participated in these Games and attended the closing ceremonies, if there are other members who won medals, please let us know.

### **Aurora Street Festival**

This was a very successful event for ASA. We had three booths and without the help of our event chair, Barbara Stoeckin, and our dedicated volunteers, Winnie, Kathi, Shirley D, Shirley M, Carol, Judy, Stella, Barbara, Neilly & Charles, we sold approximately \$700 worth of items from Knotty Knitters, woodshop, Jewellery, and sewing. A big thank you from all of us.

### **Aurora Food Bank Drive**

Our weekly collection at the Seniors' Centre will no longer be available and will be replaced by periodic seasonal food drives. Volunteers will be required to drop off at the Aurora Branch.

### **The Auroran's Senior Scape**

Sylvia Dickens who was co-writing her bi-weekly column with Jim Abram has resigned due to personal commitments. We are looking for any member that would like to write this Senior Scape column bi-weekly with Jim. We thank Sylvia for her contribution and wish her much success in her future endeavours.

### **Evergreen Choral Celebration**

After a very successful Choral Celebration event, members of the choir gathered together for a potluck supper and invited some visitors to join them for dessert and coffee. The reason the visitors were attending was that when all the bills for the Choral Celebration had been paid, they had some money left over. Your Evergreen Choir Committee proposed to the ASA Board of Directors that this money be shared four ways. The Board recently approved our recommendations, as follows:

\$350 be donated to the Aurora United Church RISE AND SHINE Program

\$250 be donated to CHATS

\$250 be donated to the WELCOMING ARMS program.

The balance to be retained by ASA for use by the Evergreen Choir for expenses.

Milestone Birthdays

Congratulations to Allen Griffiths who will be celebrating 100 years next month and to Nan McLean, Priscilla Hull and Kay Hack who have and will be celebrating 90 years ?May and August.

ASA BBQ ? Wednesday, July 17

Come and enjoy a special summer BBQ hosted by the Chartwell Retirement Residences at the Aurora Seniors' Centre. Reservations are required! Proceeds from this event will be generously donated to the Canadian Diabetes Foundation

### **July Seminar: Central LHIN**

(Local Health Integration Network)

We want to hear from you ? join the conversation about health services and share your experiences and recommendations for health care services in the Central Local Health Integration Network (LHIN). The Central LHIN is meeting with members of the community to hear your stories and to listen to your recommendations for health system improvements. The Central LHIN is conducting these sessions in a variety of communities to ensure improved person-centered care.

Light refreshments available.

### **Blood Pressure Clinic**

In conjunction with Park Place Manor we are pleased to offer this service at the Seniors Centre at 10.30 am on Wednesday, July 17.

A registered nurse will take your blood pressure and answer questions.

Special Movie!

Please join us Wednesday, July 24 at 1.30 p.m. for a movie after our BBQ. There will be popcorn, pop, coffee and tea for a reasonable fee for Members and Guests.

Stay cool this summer and remember your Seniors' Centre is a cooling off station as well!

For more information on the Aurora Seniors' Centre and all it has to offer, drop by 90 John West Way, visit the web site [www.auroraseniors.ca](http://www.auroraseniors.ca), email [auroraseniors@rogers.com](mailto:auroraseniors@rogers.com) or call 905-726-4767 between 9 a.m. and 4 p.m. Monday to Friday.