

SENIOR SCAPE: "C" is for "Ceniors"

By **Jim Abram**

This week's SeniorScape article is brought to you by the letter 'C'.

As Canadians we contribute through community spirit, care giving, compassion and caring for our fellow citizens. As senior citizens, we contribute through an added caring spirit for those of us who we love whom are battling cancer, those of us whom are cancer survivors and those of us who contribute financially, technically, medically and emotionally to finding a cure for all forms of cancer.

'We shall draw from the heart of suffering itself the means of inspiration and survival.' ~Winston Churchill.

The Letter 'C' leads the way in many positive experiences in our life, particularly as seen and experienced at the Aurora Seniors Centre:

Competition

Aurora seniors compete in good spirit in many activities such as carpet bowling, bocce, table tennis and pickle ball, just to name a few. These various fun and competitive activities are a lead indicator that health of mind and spirit are an integral part of seniors' active life in Aurora.

Competition for our community's seniors of all levels of skill and experience is also widely participated in by all the various organized card playing groups actively involved at the Centre. From Bridge to Bid Euchre to Poker to Canasta, there is a game for everyone throughout the week, throughout the year.

Then the letter 'C' starts the description of the Chess Club, the Carvers, the Computer Club and the Choir, to name a few other groups that fit the theme of this column.

2013 Evergreen Christmas Choir

The Choir will be performing the 2013 Evergreen Christmas Choir event on Saturday, December 14 at 2.30 p.m. This event is not to be missed. There will be a guest appearance by The Strong Five Winds. The cost is only \$5 with children 14 years of age and under admitted free of charge with a ticket.

'C' is for Coffee, at an affordable cost at the Aurora Seniors Centre! 'C' is for Charles and the rest of the ASA Committee members for all they do on a volunteer basis on our behalf. 'C' is for Carie (really spelt Karie but that spelling doesn't fit in with the theme!), for all she, Andrew, Bill, John and Greg do for us throughout the year.

Computer Club

The holiday season is here and the computer club will take some additional time to enjoy it as I'm sure all ASA members will as well. We will have three Tuesday morning sessions in December. We assume that many of our members will have new 'toys' after the holidays so in order to assist you in getting started with your new devices we are going to run an extended drop-in on Thursday, January 2. We will be in the computer room to help you with whatever device you have during this session in the morning from 9.30 to 11.30 a.m. and again in the afternoon from 1.30 to 3.30 p.m. Come by and show us your new toy or let us help you get started with it. Computer Club meetings are regularly scheduled on Tuesdays 10 to 11.

'C' is for Craftworks at the Barn & Kawartha Downs

Enjoy some shopping at this furniture and home decor must-stop destination! Craftworks specialize in Mennonite furniture, antiques, and arts and crafts. They carry a large selection of quality handcrafted solid wood furniture handcrafted by Ontario Mennonites. I guarantee you will be impressed by the quality and selection! Then enjoy a delightful and relaxing home-style buffet luncheon at the Carousel Restaurant, a quality, family-owned and operated restaurant for over 40 years.

Your day will be capped off with some exciting gaming excitement at Kawartha Downs which includes a \$10 slot play voucher for use in the over 450 slot machines. Spin the wheel and win! The bus departs at 8 a.m. from the Aurora Community Centre and returns at about 6.30 p.m. The cost is only \$43 for ASA members and \$48 for non-members.

Contact Andrew Bailey at the Centre at 905-727-3123 x 3611 for more information or to book your day!

Jimmy's last word: I never really have a last word, as there is always something else to say! As you have probably guessed, this column's theme is really about the 'C'-word of the 'C' season ' CHRISTMAS. Have a safe and happy holiday. Cheer, celebrate and

continue to support your Aurora Seniors Centre through your volunteerism and active participation!

For more information on the Aurora Seniors' Centre and all it has to offer, drop by 90 John West Way, visit the web site www.auroraseniors.ca, email auroraseniors@rogers.com or call 905-726-4767 between 9 a.m. and 4 p.m. Monday to Friday.