

SENIOR SCAPE: All About Us

By Charles Sequeira

THE AURORA SENIORS ASSOCIATION: We are an energetic group of Older Adults who are very enthusiastic about participating in the many programs that our Seniors' Centre has to offer. Our Seniors' Centre is operated in partnership with the Town of Aurora's Parks and Recreation department. Its success is based on the seniors who volunteer their time and in cooperation with the Town Staff. Our goal is to provide programs, events that will benefit and enrich the lives of older adults.

SPECIAL EVENTS:

Saturday, March 14 ? Men Can Cook

Friday, March 27 ? Trivia Night

Saturday, April 25 ? Spring Sale

For further details, please call our reception desk.

COME TRAVEL WITH US

On March 13, visit the St. Lawrence Market, Canada Blooms Flower & Garden Festival, and a delicious lunch at the Hot House Café. Prices are \$74 for members and \$81 for non-members. On Saturday, March 28, visit the Elmira Maple Syrup Festival, recognized as the ?Largest Single Day Maple Syrup Festival.? Prices are \$45 for members and \$52 for non-members.

Enjoy a show at the St. Jacob's Country Playhouse Theatre, ?Crazy Time?, on Wednesday, April 15. Visit the village of St. Jacob's, and have a delicious buffet lunch at Crossroads Restaurant. Price is \$109 for members and \$116 for non-members.

COMPUTER CLUB

Bob Hedenberg and his Executive Team are focused on helping ASA members use their computers. To do this, we have regular meetings at 10 a.m. each Tuesday, present a program on computer instruction and staff a Tuesday afternoon drop-in to provide personalized help when required. Computers may be desktops, laptops, or tablets. The Tuesday morning meetings are available to all ASA members. Each meeting is usually focused on a single topic, with a presentation or discussion led by a member of the Club. In addition, we frequently invite outside presenters to address specific technical and equipment topics.

FRIDAY NIGHT DANCES

Our popular Friday Night Dances continue on March 6, from 8 ? 11 p.m., with line dance practice from 7.30 ? 8 p.m. Singles and non-members are always welcome. Members are \$4.50 and non-members \$5. Ticket includes light refreshments. Cash bar is available with wine, beer and soft drinks.

For more information on the Aurora Seniors' Centre and all it has to offer, drop by 90 John West Way, visit the web site www.auroraseniors.ca, email auroraseniors@rogers.com or call 905-726-4767 between 9 a.m. and 4 p.m. Monday to Friday.