

SENIOR SCAPE

By **Sylvia Gilchrist**

It's September and so the Seniors' Centre is getting very active again.

The summer gives everyone a chance to get away for different periods of time and re-charge their batteries. But, come September, we are at full speed again.

It is an exciting time. People are returning from their cottages or vacations and share their summer experiences with friends at the Centre; plus, many of the activities that were put on hold in the summer are now up and going again.

The Seniors' Centre relies a great deal on its volunteers and there are a number of committees that are meeting. The By-Law Committee will be looking at several issues that were raised at the monthly Board of Directors meetings during the summer; the Membership and Volunteers Committee will be meeting in September, the Special Events Committee has already planned its fall activities and is now looking for additional volunteers. The Sponsorship Committee is meeting on a regular basis as is the Finance Committee.

In addition, the volunteers on the reception desk are amazing. They are able to answer questions, take money, help you check in, and so forth. The Centre couldn't run without these wonderful and friendly people.

The pool room is abuzz of laughter and activity on Monday mornings. That is when the ladies take over. They are coached by Paul, the lone male allowed in the room on Monday mornings!

They won't ever be champion pool players, but they certainly have a lot of fun and their play is improving.

If you are female, 55 or over, then why not try your hand at pool. You will be more than welcome.

Also, if you feel more active, on Monday mornings there is badminton to help you feel alive and ready to face the week. New members are always welcome.

On September 20, the Centre will celebrate 10 years in its present location. There will be presentations and refreshments. If you are interested in finding out more about the past and current history of the Centre, then come and join us.

For more information on the Aurora Seniors' Centre and all it has to offer, drop by 90 John West Way, visit the web site www.auroraseniors.ca, email auroraseniors@rogers.com or call 905-726-4767 between 9 a.m. and 4 p.m. Monday to Friday. We always welcome new members.