

## Mayor's Breakfast of Champions Spotlight - Global Gymnastics



Erika Spagnuolo -Erika is 14 years old and she trains 25 hours per week. Her goal is to earn a scholarship. After an injury in 2015 she had to reduce her training for 6 months, but hard work and desire to reach her goals resulted in a Gold medal at Provincial Championship in Level 9. This year Erika is doing her best in training and focusing on complicating gymnastics routines and compete and the highest Provincial Level 10.

Renee Dimkin- Renee has trained at competitive level since 6 years of age. She understands that hard work brings success. Any small roadblocks in her way motivate her to try even harder. So far past season has been her best yet where she won All-around in all 3 Qualifiers at Level (age 11-13) and Provincial Championship. She also made team Ontario and competed in National Championships winning Bronze medal.

Lilly Sihapanya- Lilly is 10 years old and will attend 5th grade this year. She started training from young age and she always wants to be number one. Her goal is to compete at National Championships in 2017. She understands that reaching her goal will only be possible with hard work and by following coach's knowledge. She is an All-around champion at Level 9 (age 9) at Provincial Championship in 2016.

Jenna Pisani- This year was hard for Jenna due to problems with her back. She couldn't practice everything she needed. Once competitions came she showed that she can complete her routines at her best no matter what. She made team Ontario for Easter

Championship where she helped her team to earn 1st place and she also got Bronze medal with floor routine.

Justine Blanchard -Being 12 years old Justine loves gymnastics and floor exercise is her favorite. This is her first year competing at Level 9 (age 11-13). After successful Provincial Championship she made team Ontario for Eastern Championships where she won 2 Gold and 1 Silver medals. Dedication and listening to recommendations from her coach she is looking to learn new elements and to complicate her routines.