

## Mayor's Breakfast of Champions Spotlight: Evolution Gymnastics



Evolution Gymnastics Aurora has had an exciting seventh season this year.

Through all the ups and downs that come with training 16 hours a week while trying to balance school and home-life, these athletes have had a lot to persevere through this year.

Their hard work and dedication to the sport resulted in not only medals at Provincial Championships this year, but several of our boys team traveled across the country, competing in Calgary for Tour Championships, as well as at Eastern Canadian Championships, held in Sackville New Brunswick.

Both competitions saw our boys come home with both team and individual gold medals.

Evolution Gymnastics Aurora (EGA) is made possible by the tireless efforts Sarah and Bruce Smith, the owners of EGA.

We would also like to thank senior coaches Sean Heaslip, Warren Bisbee, Carol Charad, Marija Gujic and Simon Kay for their efforts to help bring their athletes goals to fruition.

As we head into our eighth season, we hope it will be one filled with our current EGA family with new clients, new experiences, and new dreams for young athletes.