

Get back to nature by volunteering

National Volunteer Week is April 6 ? 12

With busy lives, it can be hard to find time to volunteer. However, the benefits of volunteering can be enormous to you, your family and your community.

It is one of the best ways to make a difference and offers a real and lasting impact on the world we live in.

Volunteering with the Aurora Community Arboretum can help you stay physically healthy. If you have a desk job and long to spend time outdoors, why not consider volunteering to help us plant and maintain trees and shrubs?

Doing volunteer work for the Arboretum is meaningful and interesting and can be a relaxing, energizing escape from your day-to-day routine of work, school, or family commitments.

On Saturday, May 3, bring you family to our annual Community Planting. Children watch everything you do and by giving back to the community, you show them how volunteering makes a difference.

Volunteering for the Arboretum can help provide life satisfaction.

You are doing good for the community, which provides a natural sense of accomplishment. Your role as a volunteer can also give you a sense of pride. And the better you feel about yourself, the more likely you are to have a positive view of your life.

So please, consider joining the Aurora Community Arboretum as a volunteer?you won't regret it.

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