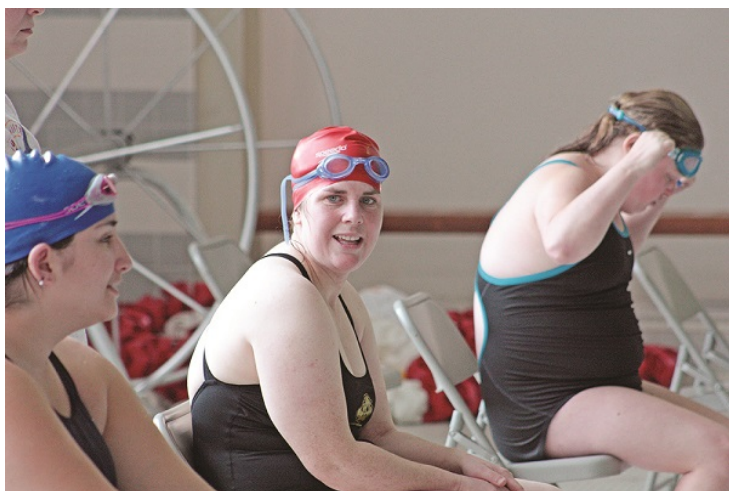


## Breakfast of Champions Spotlight: Special Olympics



Qualifying for Provincials with Special Olympics?  
It's no easy task!

By Nancy Black

The Ontario Provincial Games are held on a 4-year rotating basis, games three of every four years, based on Spring, Summer and Winter Sports. Athletes must compete at the official Regional Qualifying Competition in order to be selected to attend Provincial Games.

Mary Haberer and Cindy Noble passed by competing in two qualifying meets and performing at the top of their respective divisions in 2011 - one at St. Andrews College and another in Bracebridge. This is no easy feat!

Once qualified, there are more steps to ensure athletes train for and perform at their best. In order to compete at the Spring Provincial Games in Kingston, May 31- June 3, 2012, Mary and Cindy had to guarantee a minimum training standard would be upheld. In order to do so, additional training time was booked and the ladies swam at one extra practice per week.

These extra practices take not only time but commitment and perseverance!

Sincerest thanks to their coaches, Head Coach Hillary Richardson, Assistant and Provincial Coaches A. J. Kirkpatrick and Lloyd Brown during this entire process.

In addition, it is exciting to note that Mary was the torch bearer at the Provincial 2013 Summer Games held throughout York Region!

Congratulations to Mary and Cindy on their achievements!