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RBC Sports Day opens up Aurora sports to the public



By Jake Courtepatte

Since the announcement of 2015 as the ?Year of Sport? in Aurora, a main initiative from the Town has been to get the community moving.

Teaming up with RBC, the Town's impressive list of physical activities were opened to the public for free on Saturday through RBC Sports Day, a national movement to get Canadians active.

The Stronach Aurora Recreation Complex opened its doors for a free public skate as well as a free public swim, hosted by the Ducks Swimming Club. The Central York Girl's Hockey Association entertained on the rink throughout the day.

While outdoor tennis and lawn bowling activities may have been rained out, it didn't put a damper on what was going on elsewhere.

Sport Aurora's Program Manager Laurie Mueller spent most of the day at the Aurora Family Leisure Complex, the main hub for the day's activities. Kids dropped by throughout the day to take part in a basketball challenge, a putting contest, and to simply release some energy through hula hooping and shoot-arounds.

?RBC made Sports Day to celebrate the power of sport, to help build the community, and get Canadians moving,? said Mueller. ?That is their mission, and it will impact the movement of Sport Aurora's Activate Aurora program by encouraging our community to get active and get involved.?

The rock climbing wall by the entrance to the AFLC was also well utilized for free, as volunteers helped some brave souls overcome a fear of heights.
Former Newmarket-Aurora MP Lois Brown announced the Activate Aurora initiative last spring, a project designed to get Aurora off the couch through community involvement and ?play days? for students.

Mueller said Sports Day gave the community an opportunity to see what was offered by the town in terms of physical activity, without the need for commitment or payment.

?There's a lot going on all across town, and a lot of different ways for people to get involved.?